

## FAMILY CONSUMER SCIENCE

### Family Consumer Science

College of Allied Health & Nursing  
Department of Family Consumer Science  
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Website: <http://ahn.mnsu.edu/fcs/>

Chair: Jill Conlon

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**Accreditation.** National Council on Family Relations (NCFR). Academy of Nutrition and Dietetics (ACEND).

The mission of the Department of Family Consumer Science is to promote the well-being of people, the enrichment of quality environments, and to prepare men and women to assume essential professional roles in a culturally diverse global society. The comprehensive program provides training for professional roles within dietetics, family consumer science education, child development and family studies, and food and nutrition.

#### POLICIES/INFORMATION

**Declaring an FCS Major.** Students may declare an FCS major at any point in their academic program. Upon declaring an FCS major, an advisor is assigned. Full admission to the department and major requires:

- A minimum of 32 earned semester credit hours.
- A minimum cumulative GPA of 2.5. FCS Education majors need a minimum GPA of 2.75.

Contact the department for application procedures.

**GPA Policy.** All courses required for major or minor option must be at “C” level or higher.

**Course Policy.** For those options requiring FCS 440 (dietetics, food and nutrition major and minor): CHEM 111 and BIOL 330 must both be completed at “C” level or higher in order to receive permission to register.

**P/N Policy.** All FCS courses required for an option must be taken for a grade, except where P/N grading is mandatory.

#### **FAMILY CONSUMER SCIENCE, BS**

Degree completion = 120 credits

**Required for Major (Option).** Select one of the following options to correspond with personal and professional objectives:

#### **CHILD DEVELOPMENT AND FAMILY STUDIES OPTION**

This option helps prepare students to work with children, adults and families in a variety of human services, educational and community settings.

#### **Required General Education**

FCS 100 Personal and Family Living (3)

#### **Major Common Core**

FCS 101 Introduction to Family Consumer Science (3)

#### **Major Restricted Electives**

##### Family Consumer Science Electives

(choose 6 credits from the following FCS courses)

FCS 120 Clothing and People (2)  
FCS 140 Introduction to Nutrition (3)  
FCS 150 Food, Culture and You (3)  
FCS 280 Orientation to Family Consumer Science Education (2)  
FCS 331 Clothing Construction and Textiles (4)  
FCS 473 Consumer Protection (3)

##### Child Development and Family Studies

(choose 18 credits from the following)

FCS 230 Child Care Psychology (3)  
FCS 270 Family Housing (2)  
FCS 360 Romantic Relationships (3)  
FCS 402 Play and Child Development (3)  
FCS 403 Parents and Peers and Adolescent Development (3)  
FCS 446 Lifespan Nutrition (3)  
FCS 474 Community Resources and Family Support (3)  
FCS 478 Family Finance (3)  
FCS 483 Adult Education in Family Consumer Science (3)  
FCS 495 Intern: Early Child Family (3-4)  
FCS 496 Selected Topics: CDFS  
FCS 497 Internship (1-6)  
FCS 498 Undergraduate Internship (1-6)

##### **Major Emphasis: Child Development and Family Studies**

FCS 275 Consumers in the Economy (3)  
FCS 301 Lifespan Development (3)  
FCS 303 Working with Families (3)  
FCS 400 Culturally Diverse Family Systems (3)  
FCS 401 Family Life Development (3)  
FCS 414 Family Policy and Ethics (3)  
FCS 482 Teaching Family Life/Parent Education (3)  
FCS 488 Parenting Education (3)  
FCS 496 Selected Topics: CDFS (2-3)  
HLTH 311 Family Life & Sex Education (3)

##### **Minor**

Choose 16-36 credits from any minor

##### **Becoming a Certified Family Life Educator (CFLE)**

The Child Development and Family Studies program has been approved by the National Council on Family Relations. Minnesota State Mankato graduates with an CDFS major or minor who have taken the approved courses are eligible to become Certified Family Life Educators. Being a CFLE recognizes a broad understanding of family life issues. Certification is available to professionals from all disciplines who have met the requirements.

#### **DIETETICS OPTION**

The Dietetics Option\* promotes growth among students wanting to become competent dietetics professionals by providing the ‘highest practicable quality’ advisory, academic, real-life and interactive opportunities while at Minnesota State Mankato, and by developing confidence and competence to advance after graduation to Dietetics Internship, graduate programs and/or related employment.

A student who chooses to become a Registered Dietitian (RD) upon graduation from Minnesota State Mankato will also need to:

- Meet published requirements to receive a Verification Form from the Dietetics Director.
- Apply, be accepted, and complete a supervised practice program (Dietetic Internship).
- Pass a national registration examination.

Minnesota State Mankato faculty are committed to positioning majors for successful transition from Minnesota State Mankato to Dietetic Internship and beyond. Regular and continuous advising is recommended to be successful.

Graduates are employed as RDs or non-RD nutritionists in health care; community, public health, and corporate fitness settings or as members of food management teams.

\* The Dietetics Option, a Didactic Program in Dietetics (DPD) is accredited by the Accreditation Council for Education in Nutrition and Dietetics, the accrediting agency for the Academy of Nutrition and Dietetics. Academy of Nutrition and Dietetics 120 South Riverside Plaza, Suite 2000, Chicago, IL 60606. (800-877-1600 ext. 5400) [www.eatright.org/ACEND](http://www.eatright.org/ACEND).

## FAMILY CONSUMER SCIENCE CONTINUED

### Required General Education

BIOL	270	Microbiology (4)
CHEM	106	Chemistry of Life Process Part I (General) (3)
ENG	101	Composition (4)
IT	100	Introduction to Computing and Applications (4)
MATH	112	College Algebra (4)
SOC	101	Introduction to Sociology (3)

(choose 3 credits)

CMST	100	Fundamentals of Communication (3)
CMST	102	Public Speaking (3)

(choose 3 credits)

ETHN	101	Introduction to Multicultural & Ethnic Studies (3)
ETHN	150	Multi-Cultural/Ethnic Experience (3)

### Prerequisites to the Major

BIOL	220	Human Anatomy (4)
BIOL	330	Principles of Human Physiology (4)
CHEM	111	Chemistry of Life Process Part II (Organic & Biochemistry) (5)
ENG	271W	Technical Communication (4)
HLTH	321	Medical Terminology (3)
HLTH	475	Biostatistics (3)
HLTH	477	Behavior Change Foundations and Strategies (3)
PSYC	101	Introduction to Psychological Science (4)

### Major Common Core

FCS	101	Introduction to Family Consumer Science (3)
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### Major Emphasis: Dietetics

(2 credits from FCS 497 required)

FCS	150	Food, Culture and You (3)
FCS	242	Nutrition for Healthcare Professionals (3)
FCS	252	Food Service Systems I (3)
FCS	340	Food Science (4)
FCS	342	Food Production Management (3)
FCS	350	Food Service Systems II (3)
FCS	420	Nutrition Assessment (3)
FCS	440	Nutrition II (3)
FCS	442	Medical Nutrition Therapy I (3)
FCS	446	Lifespan Nutrition (3)
FCS	447	Food Policy (3)
FCS	448	Medical Nutrition Therapy II (3)
FCS	483	Adult and Technical Education in Family Consumer Science (3)
FCS	492	Dietetics Seminar (2)
FCS	497	Internship (1-6)

### FOOD AND NUTRITION OPTION

This option prepares graduates for various careers in health promotion, wellness, food service, and/or nutrition, (such as restaurant or school lunch management); research and development or quality assurance in the food industry; and/or in corporate food distribution, production, sales and service. A supervised internship during the major allows students to gain experience in a particular area of interest. While a minor is not required, it is strongly recommended in order to improve employment opportunities.

### Required General Education

CHEM	106	Chemistry of Life Process Part I (General) (3)
CHEM	111	Chemistry of Life Process Part II (Organic & Biochemistry) (5)
ENG	271W	Technical Communication (4)
FCS	140	Introduction to Nutrition (3)

### Prerequisites to the Major

BIOL	220	Human Anatomy (4)
BIOL	330	Principles of Human Physiology (4)
HLTH	475	Biostatistics (3)

### Major Common Core

FCS	101	Introduction to Family Consumer Science (3)
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### Major Unrestricted Electives

(choose 8 credits; at least 3 credits must be from 3-400 level courses)

BIOL	270	Microbiology (4)
BIOL	478	Food Microbiology and Sanitation (4)
FCS	100	Personal & Family Living (3)
FCS	275	Consumers in the Economy (3)
FCS	400	Culturally Diverse Family Systems (3)
FCS	417	Principles of Wellness Coaching (3)
FCS	439	Nutrition for Physical Activity and Sport (3)
FCS	473	Consumer Protection (3)
HLTH	210	First Aid & CPR (3)
HLTH	212	Consumer Health (3)
HLTH	260	Introduction to Health Education (3)
HLTH	315	Holistic Health and Wellness (3)
HLTH	321	Medical Terminology (3)
HLTH	361	Health Communication and Advocacy (4)
HLTH	380W	Health Education Planning, Implementing, and Evaluating 1 (3)
HLTH	400	Women's Health (3)
HLTH	410	Current Health Issues (3)
HLTH	450	Environmental Health (3)
HLTH	451	Emotional Health and Stress (3)
HLTH	454	Chronic and Infectious Diseases (3)
HLTH	455	Health and Aging (3)
HLTH	460	Introduction to Epidemiology (3)
HLTH	465	Health Care Delivery in the United States (3)
HLTH	467	Public Health Law (3)
HLTH	480	Health Education Planning, Implementing and Evaluating 2 (3)
HLTH	481	Community Organizing for Health (3)
HLTH	488	Worksite Health Promotion (3)
HP	348	Structural Kinesiology and Biomechanics (3)
HP	414	Physiology of Exercise (3)
HP	465	Legal Aspects of Physical Education and Sport (3)
HP	466	Graded Exercise Testing and Exercise Prescription (3)

### Major Emphasis: Foods and Nutrition

FCS	150	Food, Culture and You (3)
FCS	242	Nutrition for Healthcare Professionals (3)
FCS	252	Food Service Systems I (3)
FCS	340	Food Science (4)
FCS	342	Food Production Management (3)
FCS	350	Food Service Systems II (3)
FCS	420	Nutrition Assessment (3)
FCS	440	Nutrition II (3)
FCS	444	Experimental Food Science (3)
FCS	446	Lifespan Nutrition (3)
FCS	447	Food Policy (3)
FCS	483	Adult & Technical Education in Family Consumer Science (3)
FCS	497	Internship (1-6)

### Required Minor: None

### FAMILY CONSUMER SCIENCE EDUCATION BS TEACHING

This option prepares men and women to teach family consumer science in grades 5-12 and for other education-related professions.

### Required General Education (35 credits)

FCS	100	Personal & Family Living (3)
FCS	140	Introduction to Nutrition (3)
HLTH	240	Drug Education (3)

### Major Common Core

FCS	101	Introduction to Family Consumer Science (3)
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### Major Emphasis

FCS	120	Clothing and People (2)
FCS	150	Food, Culture and You (3)
FCS	270	Family Housing (2)
FCS	275	Consumers in the Economy (3)
FCS	284	Foundations of FCS Education (3)
FCS	301	Lifespan Development (3)
FCS	331	Clothing Construction and Textiles (4)

## FAMILY CONSUMER SCIENCE CONTINUED

FCS	340	Food Science (4)
FCS	400	Culturally Diverse Family Systems (3)
FCS	414W	Family Policy and Ethics (3)
FCS	478	Family Finance (3)
FCS	484	Program Development in Family Consumer Science (4)
FCS	488	Parenting Education (3)
HLTH	311	Family Life & Sex Education (3)

### Other Graduation Requirements

Required for Major (Professional Education, 30 credits) See the SECONDARY EDUCATION section for admission requirements to Professional Education and a list of required professional education courses.

### Required Minor: None

### FAMILY CONSUMER SCIENCE MINOR

The Department of Family Consumer Science offers a flexible minor consisting of 20 semester hours of approved FCS courses or other courses approved by advisor. Students may work with an FCS advisor to select the courses that will be most helpful. However, most students will benefit from a minor with one of three focus areas below.

#### FOOD AND NUTRITION MINOR

Students majoring in Nursing, Human Performance, Dental Hygiene, Food Science Technology, Community Health, or other similar majors can benefit from a Food and Nutrition minor.

#### Required Courses (18 credits)

FCS	140	Introduction to Nutrition (3)
FCS	150	Food, Culture and You (3)
FCS	242	Nutrition for Healthcare Professionals (3)
FCS	420	Nutrition Assessment (3)
FCS	440	Nutrition II (3)
FCS	446	Lifespan Nutrition (3)

#### Required Minor Electives

(choose a minimum of 2 credits from any 300-400 level FCS courses)

#### CHILD DEVELOPMENT AND FAMILY STUDIES MINOR

A minor with a focus in Child Development and Family Studies is useful to a variety of students going into professions related to health and human services, especially those who will work with children and families. Students may choose any combination of 20 credits from the list of courses below for a minor. Other courses may be chosen with advisor approval. A minor in this area can enable students to become Certified Family Life Educators through National Council on Family Relations.

#### Minor Electives (choose 20 credits)

FCS	100	Personal & Family Living (3)
FCS	101	Introduction to Family Consumer Science (3)
FCS	230	Child Care Psychology (3)
FCS	270	Family Housing (2)
FCS	275	Consumers in the Economy (3)
FCS	301	Lifespan Development (3)
FCS	303	Working With Families (3)
FCS	400	Culturally Diverse Family Systems (3)
FCS	401	Family Life Development (3)
FCS	402	Play and Child Development (3)
FCS	403	Parents and Peers and Adolescent Development (3)
FCS	408	Family Life Dynamics (3)
FCS	414W	Family Policy and Ethics (3)
FCS	446	Lifespan Nutrition (3)
FCS	474	Community Resources and Family Support (3)
FCS	478	Family Finance (3)
FCS	482	Teaching Family Life/Parenting Education (3)
FCS	483	Adult and Technical Education in Family Consumer Science (3)
FCS	488	Parenting Education (3)
FCS	496	Selected Topics: CDFS (2-3)
FCS	497	Internship (1-6)
HLTH	311	Family Life & Sex Education (3)

### CONSUMER STUDIES MINOR

Professionals in this business related area usually work with people in professions such helping consumers get the best product or service for their money, advocating for a good availability of choices, resolving consumer complaints to achieve fair solutions, and helping consumers with a variety of money management issues.

#### Core Course

FCS	101	Introduction to Family Consumer Science (3)
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#### Consumer Related Courses

FCS	376	Household Equipment (3)
FCS	275	Families in the Economy (3)
FCS	473	Consumer Protection (3)
FCS	474	Residential Mgmt. for Families and Special Needs People (4)
FCS	475	Family Policy (2)
FCS	478	Family Finance (2)
(May count one of the following)		
FCS	140	Introduction to Nutrition (3)
FCS	120	Clothing and People (2)
FCS	270	Family Housing (2)
FCS	303	Working with Families (2)
FCS	483	Adult Education in Family Consumer Science (2)
FCS	496	Topics (2-3)
FCS	498	Internship (1-3)

#### Strongly Recommended Electives

MRKT	310	Principles of Marketing (3)
MRKT	316	Consumer Behavior (3)

### COURSE DESCRIPTIONS

#### **FCS 100 (3) Personal & Family Living**

Emphasizes individual growth and interpersonal relationships within our diverse society. Focuses on issues such as interpersonal communication, conflict resolution, mate selection, marriage and family issues, family strengths, stress and crises, parenting decision-making and parent-child relationships, resource management, and personal and family financial issues.

Fall, Spring  
GE-5

#### **FCS 101 (3) Introduction to Family Consumer Science**

An overview of the scope of family consumer sciences and the career potentials of the profession.

Fall, Spring

#### **FCS 120 (2) Clothing and People**

Relationship of clothing to people from cultural, social, psychological, economic and aesthetic perspectives.

Fall  
Diverse Cultures - Purple

#### **FCS 140 (3) Introduction to Nutrition**

An introductory nutrition class which emphasizes the scientific method and natural science principles from biochemistry, physiology, chemistry, and other sciences to explain the relationships between food and its use by the human body for energy, regulation, structure, and optimal health.

Fall, Spring  
GE-3 non-lab

#### **FCS 150 (3) Food, Culture, and You**

Introduces students to basic food preparation and culinary techniques. Students look at different cultures and the roles of individuals and nations in a global context using food habits as a model.

Fall, Spring

#### **FCS 230 (3) Child Care Psychology**

Principles of psychology applied to child rearing.  
Diverse Cultures - Gold

## FAMILY CONSUMER SCIENCE CONTINUED

### **FCS 242 (3) Nutrition for Healthcare Professionals**

The science of six nutrition classes, including digestion through metabolism, and application of nutrition knowledge to clinical care, including weight control and common chronic conditions requiring nutrition therapy.

Pre: BIOL 220, CHEM 106 or CHEM 111

Fall, Spring

### **FCS 252 (3) Food Service Systems I**

Principles of food services operations related to menu planning, standardized recipes, production, and service in for profit and nonprofit settings. Includes the NRA ServSafe certification.

Fall

### **FCS 270 (2) Family Housing**

Physical, psychological, social, and managerial aspects of housing. Reciprocal relationship between housing and people. Guidelines and basic principles in planning for individual and family needs.

Spring

### **FCS 275 (3) Consumers in the Economy**

Economic decision making related to achieving maximum satisfaction from resources spent in the marketplace on housing, food, clothing, transportation, and other dimensions of the family. Basic information about the functions and responsibilities of the consumer, laws and agencies affecting consumer well-being and sources of help.

Fall

### **FCS 284 (3) Foundations of FCS Education**

Nature and scope of Family and Consumer Sciences (FCS) education for grades 5-12. Principles and application of traditional, career/technical and critical science FCS Education perspectives studied. Presentation of varied FCS teaching methods and techniques.

Alt-Fall

### **FCS 301 (3) Lifespan Development**

Study of the family from a historical perspective; in terms of the family system and the broader ecological system; in terms of stresses faced and coping responses. This course will address issues at each of four life stages: infancy and early childhood; the school years; transition from school to adult life; and the adult years.

Fall

### **FCS 303 (3) Working With Families**

Study of the role of the family in the development of the young child. Provide teachers and care providers with knowledge and understanding of family systems and appropriate interactions with families. Students will participate in a service learning activity.

Fall, Spring

### **FCS 331 (4) Clothing Construction and Textiles**

Introduction to principles and hands-on application of construction techniques for clothing and home furnishings. Emphasis on terminology, equipment, application and practice of sewing skills. Emphasis on consumer aspect of textiles and applications. Student projects will be aligned with sewing skills and experience.

Spring

### **FCS 340 (4) Food Science**

Study of why, how, and when physical and chemical phenomena occur during the preparation of food and its products. Includes discussion and laboratory experience demonstrating how preparation methods affect food quality, composition, and nutritive value.

Pre: FCS 150

Fall

### **FCS 342 (3) Food Production Management**

Planning, preparing and serving meals with emphasis on effective management, nutritive needs, purchasing, and equipment. Includes quantity food service laboratory.

Pre: FCS 252, FCS 340, FCS 350

Spring

### **FCS 350 (3) Food Service Systems II**

Principles of food services management related to budgeting, food safety and operational sanitation, analysis and control of quality and quantity in institutional and public food service operations.

Pre: FCS 252

Spring

### **FCS 360 (3) Romantic Relationships**

This course is an in-depth examination and discussion of the many complex dynamics that make up romantic relationships. A diverse set of relationship topics are covered, including attachment, intimacy building and conflict diffusing strategies. Open discussion, critical thought, and application are encouraged via classroom and online opportunities.

Fall

### **FCS 400 (3) Culturally Diverse Family Systems**

An analysis of culturally diverse family systems in America; emphasis on relationships within the family and with the larger community across the family life cycle.

Fall

Diverse Cultures - Purple

### **FCS 401 (3) Family Life Development**

The course is a study of development through the family life cycle. Emphasis on developmental interaction and systems theory.

Spring

### **FCS 402 (3) Play and Child Development**

An examination of the important role that play has in the cognitive, emotional, physical, and social development of the child from birth to adolescence.

Summer

### **FCS 403 (3) Parents and Peers and Adolescent Development**

Examination of how adolescents' development are affected by their relationships with their parents and with their peers.

Spring

### **FCS 414W (3) Family Policy and Ethics**

An examination, analysis, and application of the impact of law, public policy, and ethical principles on family life.

Spring

WI

### **FCS 417 (3) Principles of Wellness Coaching**

This course contains content associated with challenging entry-level certifications for wellness coaching. Health behavior change strategies are emphasized within the context of the health coaching theory, coaching relationship skills, well-being assessment, and goal setting.

Fall, Spring

### **FCS 420 (3) Nutrition Assessment**

In-depth study and practice of nutrition assessment techniques including dietary histories, anthropometrics, physical signs and symptoms, and laboratory interpretation in various age groups and conditions. Students will use findings to determine nutritional needs and make nutritional diagnoses.

Pre: FCS 242

Spring

### **FCS 439 (3) Nutrition for Physical Activity and Sport**

Provides in-depth exploration of the dietary needs of physically active individuals across the lifespan. Its laboratory component will focus on performance and interpretation of assessments commonly used to determine dietary and physiological status.

Pre: FCS 140 or FCS 242

Fall, Spring

### **FCS 440 (3) Nutrition II**

An advanced nutrition course in human metabolism, emphasizing the function and interaction of nutrients in metabolic and physiologic processes. A grade of "C" must be attained in CHEM 111 and BIOL 330 before taking this course.

Pre: BIOL 330, CHEM 111, FCS 242

Spring



## FAMILY CONSUMER SCIENCE CONTINUED

### **FCS 442 (3) Medical Nutrition Therapy I**

The role and influence of dietetics in society, nutritional assessment and care plans, dietetic principles applied to normal and malnourished states. Case-based approach. Pre: FCS 440, HLTH 321  
Fall

### **FCS 444 (3) Experimental Food Science**

Food quality, safety, formulation, processing, preservation, and biotechnology are explored. Original food science experiments are planned, executed, interpreted, and presented using appropriate scientific techniques. Pre: ENG 271W, FCS 340; HLTH 475  
Spring

### **FCS 446 (3) Lifespan Nutrition**

Study of nutritional needs of pregnancy, infancy, childhood, and adulthood. Experience in group dynamics in providing nutritional education to a target population. Pre: FCS 140 or FCS 242  
Fall

### **FCS 447 (3) Food Policy**

The development, establishment, and execution of personal, local, federal and global food issues are studied. A previous nutrition course is not required. Graduate students, with the instructor, will develop an additional project, relating the student's major interest to food policy.  
Summer

### **FCS 448 (3) Medical Nutrition Therapy II**

The pathophysiological, nutrient assessment, planning and counseling aspects of biliary, surgical, endocrine, cardiovascular and renal conditions. Case-based approach. Pre: FCS 442  
Spring

### **FCS 454 (3) Sensory Evaluation and Food Product Development**

Principles of sensory evaluation and application of those principles and other food science by selecting, planning, conducting, and reporting on a food product development project.  
Spring

### **FCS 473 (3) Consumer Protection**

Emphasizes the analyses and assessment of the effectiveness of consumer protection efforts. Emphasis will be placed on government laws, regulations, and agencies at the federal, state and local levels.  
Variable

### **FCS 474 (3) Community Resources and Family Support**

The system approach to analyzing family situations to make decisions and correlate resources in the resolution of family managerial problems. Emphasis on the application of managerial skills to lifestyle situations: young families, older adults, special needs, singles, and low income.  
Spring

### **FCS 478 (3) Family Finance**

Introduce students to the how's and why's of family financial management to reduce mistakes made in successfully managing financial aspects of life. For non-business majors.  
Variable

### **FCS 482 (3) Teaching Family Life/Parenting Education**

Analyze issues and concerns related to family life education. Investigate teaching strategies and methods of evaluation. Preparation of appropriate lesson plans.  
Fall

### **FCS 483 (3) Adult and Technical Education in Family Consumer Science**

Study of the philosophy, objectives, and implementation of adult and technical education for family consumer science professionals. Emphasis is placed on the knowledge and skills which are necessary for the process and preparation of delivering effective leader-led individual and group learning with concentration on methods, tools, and techniques employed in facilitating adult learning.  
Fall, Spring

### **FCS 484 (4) Program Development in Family Consumer Science**

Philosophy, scope/sequence, curriculum, evaluation and administration of family consumer science educational programs for youth of varied abilities, interests, and socioeconomic levels. 12 hour program clinical required.  
Fall

### **FCS 487 (1-3) Topic: Family Consumer Science Education**

Current issues and/or research findings to be announced as offered. May be repeated.  
Variable

### **FCS 488 (3) Parenting Education**

A systems perspective on parent-child relationship. This course covers parent-child issues during the stages of human development. It also focuses on special needs children and families, cross-cultural issues and family violence. Emphasis is on research and theory and parenting education strategies.  
Fall

### **FCS 490 (1-3) Workshop**

Workshop topics vary as announced in class schedule. May be repeated.  
Variable

### **FCS 491 (1-4) In-Service**

May be repeated on each new topic.  
Variable

### **FCS 492 (2) Dietetics Seminar**

Preparation for advancement in a career as a registered dietitian, including a first draft of the dietetic internship application. Pre: Graduation by the following May to December; FCS 497 or concurrent  
Fall

### **FCS 495 (3-4) Intern: Early Child Family**

A scheduled work assignment that will include on-site experiences with parents in early childhood family education.  
Fall, Spring

### **FCS 496 (2-3) Selected Topics: CDFS**

Topics announced as offered. May be repeated.  
Variable

### **FCS 497 (1-6) Internship**

A scheduled work assignment with supervision in private business, industry and government agency appropriate to each area of concentration. Pre: Consent  
Fall, Spring

### **FCS 498 (1-6) Undergraduate Internship**

A scheduled work assignment with supervision in private business, industry, and government agency appropriate to each area of concentration. Pre: Consent  
Fall, Spring

### **FCS 499 (1-4) Individual Study**

Arranged with the instructor. Pre: Consent  
Fall, Spring