

### Alcohol and Drug Studies

*College of Allied Health & Nursing*

*Department of Health Science*

213 Highland Center N • 507-389-1527 or 389-5937

Coordinator: Roy Thomas J. Kammer, Ed.D

The Department of Health Science administers an interdisciplinary alcohol and drug studies major and minor.

To graduate with a major in Alcohol and Drug Studies, you need to complete:

- General Education Requirements (44 credits)
- The Alcohol and Drug Studies Required General Education Courses (13 credits)
- The Alcohol and Drug Studies Required Core Courses and Internship (36)
- A minor (Recommended minors include Community Health, Corrections, Sociology, Social Welfare, and Psychology)

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#### POLICIES/INFORMATION

**Entrance Requirements.** To declare the Major, the student must:

- Meet with the Coordinator of Alcohol and Drug Studies to complete an Alcohol and Drug Studies Program Permission Form.
- Students who have declared the major must meet with their advisor each semester to receive permission to register for 300 or 400 level classes until they are permanently admitted to the Major.

To be “permanently” admitted to the Major, the student must:

- Complete a minimum of 32 semester credit hours
- Possess a minimum cumulative GPA of 2.5
- Complete the following courses:
  - HLTH 225: Intro to Alcohol and Drug Studies
  - Any two of the Alcohol and Drug Studies Required General Education Courses
- Complete the Alcohol and Drug Studies Student Application Packet. The packet is available in the Alcohol and Drug Studies Program Student Handbook.
- Students must set up a meeting with the Coordinator of Alcohol and Drug Studies to submit the application packet.

Upon completion of the above requirements, students will be required to participate in a formal screening interview. The screening interview is the final step to becoming permanently admitted into the Alcohol and Drug Studies Program. The screening process entails areas such as interest in the program, grades, professional areas of interest, demonstration of ethical and professional behavior, etc. Students must receive approval by the screening committee to be admitted to the program.

To be admitted to the Track One Minor, you must:

- Meet with the Coordinator of Alcohol and Drug Studies to complete an Alcohol and Drug Studies Program Permission Form.
- Track One Minors must complete the application and screening interview to be eligible for internship. Students must receive approval by the screening committee prior to enrolling in the internship.

To be admitted to the Track Two Minor, you must:

- Meet with the Coordinator of Alcohol and Drug Studies to complete an Alcohol and Drug Studies Program Permission Form.

To be admitted to the Alcohol and Drug Counselor Licensure Certificate Program

- Meet with the Coordinator of Alcohol and Drug Studies to complete and Alcohol and Drug Studies Permission Form
- Meet the necessary pre-requisites
  - A completed bachelor's degree with a GPA of 2.5 or above.
  - HLTH 225: Introduction to Alcohol and Drug Studies or equivalent 3 credit course providing an overview of the transdisciplinary foundations of alcohol and drug counseling, including theories of chemical dependency, the continuum of care, and the process of change. Must have completed the course with a “C” or higher.
  - CSP 471: Interpersonal Helping Skills. Must have completed the course with a “C” or higher.
- Certificate students must successfully complete the Application and Screening Process to be eligible for internship. Students must receive approval from the screening committee prior to enrolling in the internship.

**Requirements for the Major.** To graduate with a major in Alcohol and Drug Studies, students need to complete:

- General Education Requirements
- The Alcohol and Drug Studies Required General Education Courses
- The Alcohol and Drug Studies Required Core Courses and Internship
- A minor (Recommended minors include Community Health, Corrections, Sociology, Social Welfare, and Psychology)

**Residency Requirement.** For the certificate program, all core courses and the internship must be completed at this institution.

**Grade Requirements.**

- For required core courses, students are required to maintain a minimum GPA of 2.5.
- All students must satisfactorily complete each of the core courses in the Alcohol and Drug Studies Program with a “C” grade or better.
- Students who do not maintain the grade requirements will not be eligible to enroll in an Internship Experience or to complete the program.

**P/N Grading Policy.** All required courses must be taken for grades with the exception of the internship, which can be taken on a P/N basis.

**Prerequisites for Courses.** Students will need to satisfy course prerequisites in conjunction with the suggested sequence of required courses.

**Chemical Use Problems.** Consistent with standards of practice in the field, students participating in the internship process must be free of chemical use problems for at least two years immediately preceding their internship. Examples of chemical use problems include, but are not limited to:

- receiving treatment for chemical use within this time period
- chemical use that has a negative impact on the student's academic performance;
- chemical use that affects the student's professional credibility of treatment services with clients, referral sources, or other members of the community; and
- symptoms of intoxication or withdrawal during academic roles.

Any chemical problems including the misuse or abuse of mood altering chemicals may be grounds for dismissal from the Alcohol and Drug Studies Program.

**Prerequisites for Internship.** To be eligible for the Alcohol and Drug Studies Internship, students must meet the following prerequisites:

- Satisfactory completion of all required core coursework.
- Admission to the Major, Track One Minor, or Alcohol and Drug Counselor Licensure Certificate Program.
- Satisfactory completion of the Alcohol and Drug Studies Program Application and Screening Process (including approval by the Screening Committee).
- Meet the program's grade requirements.

## ALCOHOL AND DRUG STUDIES

The internship requires the completion of 880 clock hours at an approved internship site. Students planning to participate in an Alcohol and Drug Studies internship are required to meet with the Coordinator of Alcohol and Drug Studies one semester in advance of their anticipated internship in order to assure that they have completed all necessary academic requirements and to coordinate planning for participation in the internship.

Eligibility for selection at internship sites may be subject to terms and policies of the internship site (i.e. background checks, criminal history, etc.) and the Alcohol and Drug Studies Program.

**Licensure and Certification.** The Alcohol and Drug Studies Major, Track One Minor, and Alcohol and Drug Counselor Licensure Certificate Program provide students with the academic coursework necessary to pursue a number of credentialing options. Students are responsible for verifying their eligibility for credentialing with their respective credentialing boards and may obtain contact information for the appropriate credentialing boards from the Coordinator of Alcohol and Drug Studies.

**Continuance and Completion of the Program.** Students in the Alcohol and Drug Studies Program must maintain the academic standards of the program as well as all academic and university policies. Students must demonstrate behaviors consistent with the ethical codes and standards of the profession. Students not adhering to these standards or policies may be removed from the Alcohol and Drug Studies Program. Students being removed from the program will be notified in writing by the Coordinator of Alcohol and Drug Studies.

**Appeals to Admission/Application and Screening Process/Continuance Decisions.** If a student believes a decision regarding his/her admission to the program, Application and Screening Process results, or continuance in the program was unfair, arbitrary, or capricious, he/she may appeal the decision by completing the following steps.

Within one week of receiving the written results of a decision, the student must submit a written letter to the Coordinator of Alcohol and Drug Studies stating the nature of his or her concerns. The letter should contain the nature of the concern, a proposed remedy, and information to support the proposal. Within one week of receiving the appeal letter, the Coordinator of Alcohol and Drug Studies will provide a written response to the student.

If the student is not satisfied with the response from the Coordinator of Alcohol and Drug Studies, he/she may write an appeal letter to the Department of Health Science Chairperson within one week of receiving notification from the Coordinator of Alcohol and Drug Studies. The appeal should contain the nature of the concern, a proposed remedy, information to support the proposal, and a copy of the initial appeal provided to the Coordinator of Alcohol and Drug Studies. The student shall provide the Coordinator of Alcohol and Drug Studies with a copy of the appeal sent to the Department of Health Science Chairperson. The Chairperson will notify the student of his/her response in writing within one week of receiving the appeal. The Chairperson will provide a copy of the correspondence to the Coordinator of Alcohol and Drug Studies. This is the final step in the appeals process.

If the student fails to respond within the time limits provided, the appeal shall be deemed to have been withdrawn.

### ALCOHOL AND DRUG STUDIES MAJOR BS

#### **Required General Education**

CMST	102	Public Speaking (3)
CMST	203	Intercultural Communication (4)
PSYC	101	Introduction to Psychological Science (4)
SOC	101	Introduction to Sociology (3)

#### **Major Common Core**

A total of 12 credit hours of HLTH 497 must be completed.

CSP	470	Group Procedures (3)
CSP	471	Interpersonal Helping Skills (3)
CSP	473	Counseling the Chemically Dependent Family (3)
HLTH	225	Introduction to Alcohol and Drug Studies (3)
HLTH	406	Ethics and Professionalism for Addictions Professionals (3)
HLTH	407	Pharmacology for Alcohol and Drug Professionals (3)
HLTH	408	Theories and Methods for Addictions Professionals (3)
HLTH	456	Assessment and Diagnosis of Substance Use Disorders (3)
HLTH	469	Co-Occurring Disorders (3)
HLTH	497	Internship: Alcohol and Drug Studies (1-12)
SOC	465	Law and Chemical Dependency (3)

#### **Major Restricted Electives**

12 credits of Health Science Electives

**Required Minor:** Yes. Any.

### ALCOHOL AND DRUG STUDIES MINOR

#### **Minor Core**

CSP	470	Group Procedures (3)
CSP	471	Interpersonal Helping Skills (3)
CSP	473	Counseling the Chemically Dependent Family (3)
HLTH	225	Introduction to Alcohol and Drug Studies (3)
HLTH	406	Ethics and Professionalism for Addictions Professionals (3)
HLTH	407	Pharmacology for Alcohol and Drug Professionals (3)
HLTH	408	Theories and Methods for Addictions Professionals (3)
HLTH	456	Assessment and Diagnosis of Substance Use Disorders (3)
HLTH	469	Co-Occurring Disorders (3)

#### **Elective**

For Alcohol and Drug Counseling Licensure, (Choose 12 credits). Although an internship is optional, to be eligible for licensure in the state of Minnesota as an alcohol and drug counselor, students must complete the Alcohol and Drug Studies Core Courses and Internship. Track 1: Core Courses and Internship (39 credits). Track 2: Core Courses Only (27 credits).

HLTH	497	Internship: Alcohol and Drug Studies (1-12)
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### ALCOHOL AND DRUG COUNSELOR LICENSURE POST-BACCALAUREATE CERTIFICATE

#### **Required for Certificate**

CSP	470	Group Procedures (3)
HLTH	406	Ethics and Professionalism for Addictions Professionals (3)
HLTH	407	Pharmacology for Alcohol and Drug Professionals (3)
HLTH	408	Theories and Methods for Addictions Professionals (3)
HLTH	456	Assessment and Diagnosis of Substance Use Disorders (3)
HLTH	469	Co-Occurring Disorders (3)
HLTH	497	Internship: Alcohol and Drug Studies (1-12)