

## Counseling and Student Personnel

*College of Education*

*Department of Counseling and Student Personnel*

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Chair: Dr. Jacqueline Lewis

The mission of Department of Counseling and Student Personnel (CSP) is to prepare professional practitioners at the graduate level who will serve in a variety of helping settings including elementary and secondary schools, colleges and universities, mental health and other community agencies, business and industry, and marriage and family counseling settings. In addition to the preparation of graduate students in the helping professions, the Department of Counseling and Student Personnel offers courses and other experiences designed to assist the undergraduate student in development of critical thinking skills, decision-making skills, and interpersonal helping skills. Please contact the department chair or visit the website for more information.

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### COURSE DESCRIPTIONS

#### **CSP 110 (3) Decision Making for Career and Life**

The purpose of this course is to help students develop critical thinking, problem solving and decision making skills necessary to manage the challenges they face now (choice of major) and in the future (career choice and balancing work and life roles). Meets General Education requirements for critical thinking.

Fall, Spring

GE-2

#### **CSP 115 (3) Processes & Skills for Facilitating Effective Change**

An introduction to basic processes and skills related to facilitating effective change. Selected topics (chemical use and abuse, facilitating diversity, working in groups) related to personal, social and interpersonal issues effecting families, and professionals will be presented.

#### **CSP 470 (3) Group Procedures**

Strategies for establishing a group. A review of concepts related to group membership, group member roles and group techniques, therapeutic factors and leadership roles. An experiential component is included in this course.

Pre: CSP 471

Summer

#### **CSP 471 (3) Interpersonal Helping Skills**

Provides the developing helping professional with an introduction to basic helping skills: attending, listening, responding to content and affect, probing, and providing feedback. The course is experiential in nature and includes small group interaction, videotaping, and role playing simulations.

Spring, Summer

#### **CSP 473 (3) Counseling the Chemically Dependent Family**

Understanding the impact of chemical dependency on the family. Family counseling skills and relapse prevention strategies will also be included.

Pre: CSP 471

Spring

#### **CSP 491 (1-4) In-service**

#### **CSP 499 (1-4) Individual Study**