

## ATHLETIC TRAINING

### Athletic Training

College of Allied Health & Nursing

Department of Human Performance

Chair: Garold Rushing

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<http://ahn.mnsu.edu/athletictraining>

Program Director: Patrick Sexton

Clinical Education Coordinator: Theresa Mackey

The Athletic Training Major (Bachelor of Athletic Training) is accredited by the Commission on Accreditation of Athletic Training Education (CAATE), and prepares students for careers in the Allied Health Care Profession of Athletic Training. The Certified Athletic Trainer (ATC) is a highly educated and skilled professional specializing in health care for the physically active and athletic populations. In cooperation with physicians and other allied health professionals, the athletic trainer functions as an integral member of the health care team in secondary schools, colleges and universities, sports medicine clinics, hospitals, professional sports programs, and corporate and industrial settings.

The broad based major does not require a minor for completion of degree requirements, however students are strongly encouraged to work toward an additional major/minor in a related field. In addition, course requirements include supervised clinical experiences at Minnesota State Mankato and in approved clinical settings within the community, that are evenly distributed over a minimum two-year period. Please review the "clinical experience requirements on the program website.

**Admission to Program.** Application for admission to the Athletic Training Major at the junior-level is a selective process, not all students that apply will be accepted. Due to accreditation standards the total number of students accepted into the program at the junior-level will be limited. The selection process is competitive and is based on the student's:

- 1) cumulative GPA and prerequisite GPA
- 2) completion of the general education prerequisites (as listed below)
- 3) completion of the required major courses (as listed below)
- 4) accumulation of up to 100-hours of pre-athletic training level observation in the Minnesota State Mankato athletic training room, and observation and evaluation of performance during those observation hours,
- 5) letters of recommendation and a formal interview, and
- 6) compliance with established technical standards for physical, cognitive, and attitudinal abilities that an entry-level athletic trainer must possess. (See the athletic training program director for specific details.)
- 7) compliance with all program policies and requirements.

A minimum cumulative GPA of 2.75, on a 4.00 scale, is required as an admission standard. An application packet may be obtained from the program director during spring semester and must be completed and returned by May 1st. Transfer students must meet all application requirements prior to application. The following prerequisite courses (HLTH 210, HP 140, HP 341, HP 348) must be taken on campus, remaining prerequisite courses may or may not fulfill educational competencies of the program and must be approved by the program director as acceptable transfer courses prior to application to the program. Note: The student must take the Minnesota First Responder qualified section of HLTH 210 as a program requirement. In addition, a student possessing current First Aid and CPR certification, with AED training, may waive HLTH 210 as an application requirement but must still take HLTH 210 during his/her first semester following admission to the program.

Courses required for program application: HLTH 101, HLTH 210, PSYC 101, BIOL 220, BIOL 230, HP 140, HP 341, and HP 348.

#### POLICIES/INFORMATION

**GPA Policy.** Once accepted into the Athletic Training Major, a minimum cumulative GPA of 2.75 must be maintained. Student must also maintain a minimum

GPA of 3.0 in all designated major courses. A required major course in which a student receives a grade of "D" or below must be retaken and improved to a "C" or better.

**P/N Grading Policy.** All required general education and major courses must be taken for grade.

**Clinical Experiences.** All clinical requirements (HP 346, HP 347, HP 484, HP 485) must be completed as scheduled, with the student demonstrating proficiency on clinical skills as evaluated by an approved clinical instructor. The student will be assigned clinical skills both on- and off-campus, thus transportation to off-campus clinicals will be required of the student. Finally, a fee will be assessed for HP 346 and HP 484 for student liability insurance for each academic year.

Complete policies are consistent with University policies and may be found in the Athletic Training Student Handbook, on the athletic training website, or from the program director. Please visit [ahn.mnsu.edu/athletictraining](http://ahn.mnsu.edu/athletictraining) on a regular basis for announcements and posting.

**For Sports Medicine Minor** - see Human Performance

#### ATHLETIC TRAINING BATR

##### Required General Education

(Choose 7 credits)

HLTH 101	Health and the Environment (3)
PSYC 101	Psychology (4)

##### Major Common Core

HP 140	Introduction to Athletic Training (2)
HP 341	Athletic Training Techniques (3)
HP 342	Evaluation Techniques I (3)
HP 343	Evaluation Techniques II (3)
HP 346	Evaluation Techniques I Clinical (2)
HP 347	Evaluation Techniques II Clinical (2)
HP 348	Structural Kinesiology and Biomechanics (3)
HP 414	Physiology of Exercise (3)
HP 439	Nutrition for Physical Activity and Sport (3)
HP 440	Medical Aspects of Athletic Training (3)
HP 442	Therapeutic Modalities in Athletic Training (3)
HP 444	Rehabilitation Techniques (3)
HP 456	Athletic Testing and Conditioning (2)
HP 472	Psychology of Sport and Athletic Injury (3)
HP 480	Senior Seminar (3)
HP 484	Clinical Techniques in Athletic Training I (2)
HP 485	Clinical Techniques in Athletic Training II (2)

##### Major Required Courses

(Choose 16 credits)

BIOL 220	Human Anatomy (4)
BIOL 230	Human Physiology (4)
CHEM 111	Chemistry of Life Processes (5)
HLTH 210	First Aid and CPR (3)

**Required Minor: None**