

## Athletic Training

*College of Allied Health & Nursing*

*Department of Human Performance*

*Chair: Garold Rushing*

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Program Director: Patrick Sexton

Theresa Mackey

The Athletic Training Major is accredited by the Commission on Accreditation of Athletic Training Education (CAATE), and prepares students for careers in the Allied Health Care Profession of Athletic Training. The Certified Athletic Trainer (ATC) is a highly educated and skilled professional specializing in health care for the physically active and athletic populations. In cooperation with physicians and other allied health professionals, the athletic trainer functions as an integral member of the athletic health care team in secondary schools, colleges and universities, sports medicine clinics, hospitals, professional sports programs, and corporate and industrial settings.

The broad based major does not require a minor for completion of degree requirements, however students are strongly encouraged to work toward an additional major/minor in a related field. In addition, course requirements include supervised clinical experiences at Minnesota State Mankato and in approved clinical settings within the community, that are evenly distributed over a minimum two-year period.

### Admission to Program

Application for admission to the Athletic Training Major at the junior-level is a selective process, not all students that apply will be accepted. Due to accreditation standards the total number of students accepted into the program at the junior-level will be limited. The selection process is competitive and is based on the student's:

- 1) cumulative GPA and prerequisite GPA
- 2) completion of the general education prerequisites (as listed below)
- 3) completion of the required major courses (as listed below)
- 4) accumulation of up to 100 hours of pre-athletic training level observation in the Minnesota State Mankato athletic training room, and observation and evaluation of performance during those observation hours,
- 5) letters of recommendation and a formal interview, and
- 6) compliance with established technical standards for physical, cognitive, and attitudinal abilities that an entry-level athletic trainer must possess. (See the athletic training program director for specific details.)

A minimum cumulative GPA of 2.75, on a 4.00 scale, is required as an admission standard. An application packet may be obtained from the program director during spring semester and must be completed and returned by May 1st. Transfer students must meet all application requirements prior to application. The following prerequisite courses (HLTH 210, HP 140, HP 341, HP 348) must be taken on campus, remaining prerequisite courses may or may not fulfill educational competencies of the program and must be approved by the program director as acceptable transfer courses prior to application to the program. Note: The student must take the Minnesota First Responder qualified section of HLTH 210 as a program requirement. In addition, a student possessing current First Aid and CPR certification, with AED training, may waive HLTH 210 as an application requirement but must still take HLTH 210 during his/her first semester following admission to the program.

Courses required for program application: HLTH 101, HLTH 210, PSYC 101, BIOL 220, BIOL 230, HP 140, HP 341, and HP 348.

### ATHLETIC TRAINING BATR

#### Required General Education (7 credits):

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|----------|-----------------------------------|
| HLTH 101 | Health and the Environment (3) ** |
| PSYC 101 | Psychology (4) **                 |

#### Required Major Courses (16 credits):

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|----------|---|
| HLTH 210 | First Aid and CPR (3) **                            |
| BIOL 220 | Human Anatomy (4) **                                |
| BIOL 230 | Human Physiology (4) (BIOL 220*, 1 CHEM Course*) ** |
| CHEM 111 | Chemistry of Life Processes (5) (or higher) **      |

#### Required for Major (45 credits):

- |         |   |
|---------|---|
| HP 140  | Introduction to Athletic Training (2) **        |
| HP 341  | Athletic Training Techniques (3) **             |
| HP 342  | Evaluation Techniques I (3)                     |
| HP 346  | Evaluation Techniques I Clinical (2)            |
| HP 343  | Evaluation Techniques II (3)                    |
| HP 347  | Evaluation Techniques II Clinical (2)           |
| HP 348  | Structural Kinesiology and Biomechanics (3) **  |
| HP 414  | Physiology of Exercise (3)                      |
| HP 439  | Nutrition for Physical Activity and Sport (3)   |
| HP 440  | Medical Aspects of Athletic Training (3)        |
| HP 442  | Therapeutic Modalities in Athletic Training (3) |
| HP 444  | Rehabilitation Techniques (3)                   |
| HP 456  | Athletic Testing and Conditioning (2)           |
| CSP 471 | Interpersonal Helping Skills (3)                |
| HP 480  | Senior Seminar (3)                              |
| HP 484  | Clinical Techniques in Athletic Training I (2)  |
| HP 485  | Clinical Techniques in Athletic Training II (2) |

#### Required Minor: None

Total Credits = 68

\*\* Indicates required prerequisite courses for program application.

### POLICIES/INFORMATION

**GPA Policy.** Once accepted into the Athletic Training Major, a minimum cumulative GPA of 2.75 must be maintained. Student must also maintain a minimum GPA of 3.0 in all designated major courses. A required major course in which a student receives a grade of D or below must be retaken and improved to a "C" or better.

**P/N Grading Policy.** All required general education and major courses must be taken for grade.

**Clinical Experiences.** All clinical requirements (HP 346, HP 347, HP 483, HP 485) must be completed as scheduled, with the student demonstrating proficiency on clinical skills as evaluated by an approved clinical instructor. The student will be assigned clinical skills both on- and off-campus, thus transportation to off-campus clinicals will be required of the student. Finally, a fee will be assessed for HP 346 and HP 484 for student liability insurance for each academic year.

Complete policies are consistent with University policies and may be found in the Athletic Training Student Handbook, on the athletic training web site, or from the program director. Please visit [ahn.mnsu.edu/athletictrainnig](http://ahn.mnsu.edu/athletictrainnig) on a regular basis for announcements and posting.