

## Counseling and Student Personnel

College of Education

Department of Counseling and Student Personnel

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Chair: Dr. Diane Coursol

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The mission of Department of Counseling and Student Personnel (CSP) is to prepare professional practitioners at the graduate level who will serve in a variety of helping settings including elementary and secondary schools, colleges and universities, mental health and other community agencies, business and industry, and marriage and family counseling settings. In addition to the preparation of graduate students in the helping professions, the Department of Counseling and Student Personnel offers courses and other experiences designed to assist the undergraduate student in development of personal growth and decision-making skills. Please contact the department chair or visit the website for more information.

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### COURSE DESCRIPTIONS

#### CSP 110 (3) Decision Making for Career and Life

The purpose of this course is to help students develop critical thinking, problem solving and decision making skills necessary to manage the challenges they face now (choice of major) and in the future (career choice and balancing work and life roles). Meets General Education requirements for critical thinking.

F, S  
GE-2

#### CSP 115 (3) Processes & Skills for Facilitating Effective Change

An introduction to basic processes and skills related to facilitating effective change. Selected topics (chemical use and abuse, facilitating diversity, working in groups) related to personal, social and interpersonal issues effecting families, and professionals will be presented.

#### CSP 470 (3) Group Procedures

Strategies for establishing a group. A review of concepts related to group membership, group member roles and group techniques, therapeutic factors and leadership roles. An experiential component is included in this course.

Pre: CSP 471 SS

#### CSP 471 (3) Interpersonal Helping Skills

Provides the developing helping professional with an introduction to basic helping skills: attending, listening, responding to content and affect, probing and providing feedback. The course is experiential in nature and includes small group interaction, videotaping, and role playing simulations.

S, SS

#### CSP 473 (3) Counseling the Chemically Dependent Family

Understanding the impact of chemical dependency on the family. Family counseling skills and relapse prevention strategies will also be included.

Pre: CSP 471 S

CSP 491 (1-4) Inservice

CSP 499 (1-4) Individual study

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