

Athletic Training

College of Allied Health & Nursing
 Department of Human Performance
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 Program Director: Patrick Sexton
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The Athletic Training Major is accredited by the Commission on Accreditation of Allied Health Education Programs (CAAHEP), and prepares students for careers in the Allied Health Care Profession of Athletic Training. The Certified Athletic Trainer (ATC) is a highly educated and skilled professional specializing in health care for the physically active and athletic populations. In cooperation with physicians and other allied health professionals, the athletic trainer functions as an integral member of the athletic health care team in secondary schools, colleges and universities, sports medicine clinics, hospitals, professional sports programs, and corporate and industrial settings.

The broad based major does not require a minor for completion of degree requirements, however students are strongly encouraged to work toward an additional major/minor in a related field. In addition, course requirements include supervised clinical experiences at Minnesota State University and in approved clinical settings within the community, that are evenly distributed over a minimum two-year period.

Admission to Program

Application for admission to the Athletic Training Major at the junior-level is a selective process, not all students that apply will be accepted. Due to accreditation standards the total number of students accepted into the program at the junior-level will be limited. The selection process is competitive and is based on the student's:

- 1) cumulative GPA and prerequisite GPA
- 2) completion of the general education prerequisites (as listed below)
- 3) completion of the required major courses (as listed below)
- 4) accumulation of up to 100 hours of pre-athletic training level observation in the Minnesota State University, Mankato athletic training room, and observation and evaluation of performance during those abbreviation hours,
- 5) letters of recommendation and a formal interview, and
- 6) compliance with established technical standards for physical, cognitive, and attitudinal abilities that an entry-level athletic trainer must possess. (See the athletic training program director for specific details.)

A minimum cumulative GPA of 2.75, on a 4.00 scale, is required as an admission standard. An application packet may be obtained from the program director during spring semester and must be completed and returned by May 1st. Transfer students must meet all application requirements prior to application. The following prerequisite courses (HLTH 210, HP 140, 341, 348) must be taken on campus, remaining prerequisite courses may or may not fulfill educational competencies of the program and must be approved by the program director as acceptable transfer courses prior to application to the program. Note: The student must take the Minnesota First Responder qualified section of HLTH 210 as a program requirement. In addition, a student possessing current First Aid and CPR certification, with AED training, may waive HLTH 210 as an application requirement but must still take HLTH 210 during his/her first semester following admission to the program.

Courses required for program application: HLTH 101, HLTH 210, PSYC 101, BIOL 100, BIOL 220, BIOL 230, HP 140, HP 341, and HP 348.

ATHLETIC TRAINING BS

Required General Education (11 credits):

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| HLTH | 101 | Health and the Environment (3) |
| PSYC | 101 | Psychology (4) |
| BIOL | 100 | Our Natural World (4) |

Required Major Courses (16 credits):

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| HLTH | 210 | First Aid and CPR (3) |
| BIOL | 220 | Human Anatomy (4) |
| BIOL | 230 | Human Physiology (4) (BIOL 220*, 1 CHEM Course*) |
| CHEM | 111 | Chemistry of Life Processes (5) (or higher) |

Required for Major (39 credits):

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| HP | 140 | Introduction to Athletic Training (2) |
| HP | 341 | Athletic Training Techniques (3) |
| HP | 342 | Evaluation Techniques I (3) |
| HP | 346 | Evaluation Techniques I Clinical (1) |
| HP | 343 | Evaluation Techniques II (3) |
| HP | 347 | Evaluation Techniques II Clinical (1) |
| HP | 348 | Structural Kinesiology and Biomechanics (3) |
| HP | 414 | Physiology of Exercise (3) |
| HP | 439 | Nutrition for Physical Activity and Sport (3) |
| HP | 440 | Medical Aspects of Athletic Training (3) |
| HP | 442 | Therapeutic Modalities (2) |
| HP | 444 | Rehabilitation Techniques (2) |
| HP | 456 | Athletic Testing and Conditioning (2) |
| CSP | 471 | Interpersonal Helping Skills (3) |
| HP | 480 | Senior Seminar (3) |
| HP | 484 | Clinical Techniques in Athletic Training I (1) |
| HP | 485 | Clinical Techniques in Athletic Training II (1) |

Required Minor: None

POLICIES/INFORMATION

GPA Policy. Once accepted into the Athletic Training Major, a minimum cumulative GPA of 2.75 must be maintained. Student must also maintain a minimum GPA of 3.0 in all designated major courses. A required major course in which a student receives a grade of D or below must be retaken and improved to a C or better.

P/N Grading Policy. All required general education and major courses must be taken for grade.

Clinical Experiences. All clinical requirements (HP 346, 347, 483, 485) must be completed as scheduled, with the student demonstrating proficiency on clinical skills as evaluated by an approved clinical instructor.

Complete policies are consistent with University policies and may be found in the Athletic Training Student Handbook, on the athletic training web site, or from the program director.