

Athletic Training

College of Allied Health & Nursing

Department of Human Performance

Chair: Harry Krampf

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Program Director: Patrick Sexton

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The Athletic Training major is accredited by the Commission on Accreditation of Allied Health Education Programs (CAAHEP), and prepares students for careers in the Allied Health Care Profession of Athletic Training. The Certified Athletic Trainer (ATC) is a highly educated and skilled professional specializing in health care for the physically active and athletic populations. In cooperation with physicians and other allied health professionals, the athletic trainer functions as an integral member of the athletic health care team in secondary schools, colleges and universities, sports medicine clinics, hospitals, professional sports programs, and corporate and industrial settings.

The broad based major does not require a minor for completion of degree requirements, however students are strongly encouraged to work toward an additional major/minor in a related field. In addition to course requirements, students spend a minimum of 900 hour, evenly distributed over a two-year period, of supervised clinical experience at Minnesota State University, and in approved clinical settings within the community.

Admission to Major

Application for admission to the Athletic Training Major at the junior-level is a selective process, not all students that apply will be accepted. Due to accreditation standards the total number of students accepted into the program at the junior-level will be limited. The selection process is competitive and is based on the student's:

- 1) cumulative GPA and prerequisite GPA
- 2) completion of the general education prerequisites (as listed below)
- 3) completion of the required major courses (as listed below)
- 4) evaluation of work performance during pre-athletic training level assignments/observations in the MSU athletic training room
- 5) letters of recommendation and an interview, and
- 6) compliance with established technical standards for physical, cognitive, and attitudinal abilities that an entry-level athletic trainer must possess. (See the athletic training program director for specific details.)

A minimum cumulative GPA of 2.75, on a 4.00 scale, is required as an admission standard. Each prospective student **MUST** take HP 140 during the fall of their freshman or sophomore year as an introduction to the profession, the program, and the program application process. An application packet may be obtained from

the program director during spring semester and must be completed and returned by May 1st. Transfer students must meet all application requirements prior to application. All athletic training specific prerequisite courses (HLTH 210, HP 140, 341, 348) must be taken on campus, remaining transfer courses may or may not fulfill educational competencies of the program and must be approved by the program director prior to application.

Courses required for program application: HLTH 101, HLTH 210, PSYC 101, BIOL 100, BIOL 220, BIOL 230, HP 140, HP 341, and HP 348.

ATHLETIC TRAINING BS

Required General Education (11 credits):

HLTH	101	Health and the Environment (3)
PSYC	101	Psychology (4)
BIOL	100	Our Natural World (4)

Required Major Courses (16 credits):

HLTH	210	First Aid and CPR (3)
BIOL	220	Human Anatomy (4)
BIOL	230	Human Physiology (4)
CHEM	111	Chemistry of Life Processes (5) (or higher)

Required for Major (39 credits):

HP	140	Introduction to Athletic Training (2)
HP	341	Athletic Training Techniques (3)
HP	342	Evaluation Techniques I (3)
HP	346	Evaluation Techniques I Clinical (1)
HP	343	Evaluation Techniques II (3)
HP	347	Evaluation Techniques II Clinical (1)
HP	348	Structural Kinesiology and Biomechanics (3)
HP	414	Physiology of Exercise (3)
HP	439	Nutrition for Physical Activity and Sport (3)
HP	440	Medical Aspects of Athletic Training (3)
HP	442	Therapeutic Modalities (2)
HP	444	Rehabilitation Techniques (2)
HP	456	Athletic Testing and Conditioning (2)
CSP	471	Interpersonal Helping Skills (3)
HP	480	Senior Seminar (3)
HP	484	Clinical Techniques in Athletic Training I (1)
HP	485	Clinical Techniques in Athletic Training II (1)

Required Minor: None

POLICIES/INFORMATION

GPA Policy. Once accepted into the Athletic Training major, a minimum cumulative GPA of 2.75 must be maintained. Student must also maintain a minimum GPA of 3.0 in all designated major courses. A required major course in which a student receives a grade of D or below must be retaken and improved to a C or better.

P/N Grading Policy. All required general education and major courses must be taken for grade.

Clinical Experiences. All clinical requirements must

be completed as scheduled, with the student showing satisfactory progress in clinical proficiencies as evaluated by clinical instructor/supervisors.